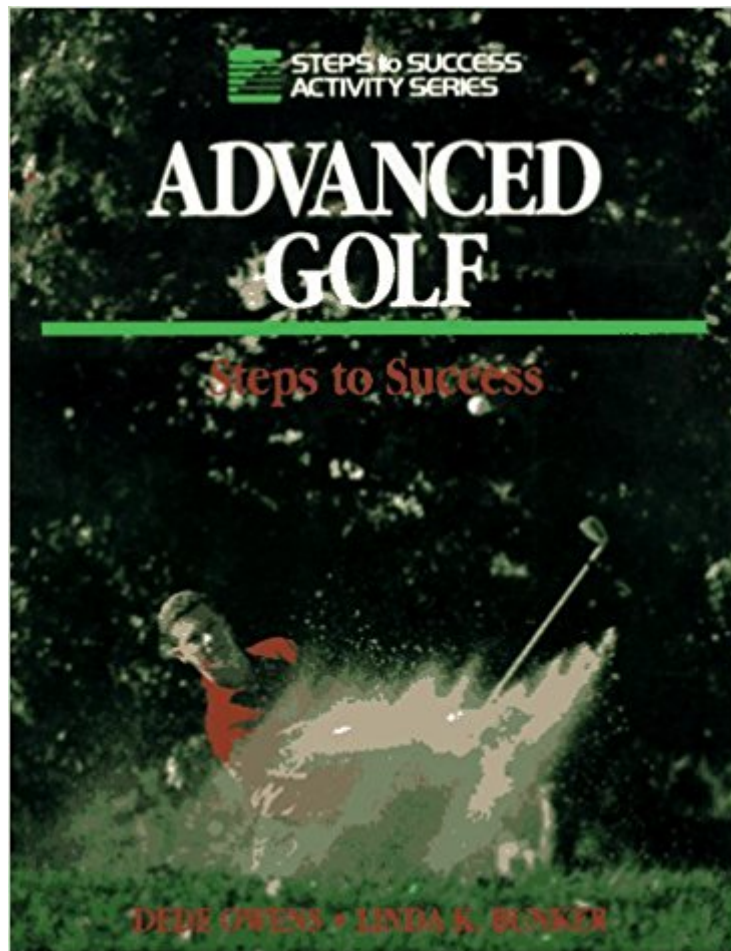




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Advanced Golf: Steps To Success (Steps To Success Activity Series)



Synopsis

In this second-level golf manual, intermediate to advanced golfers take 14 additional steps to advanced golf success. This skill-progression helps readers learn advanced swing techniques and strategies for controlling ball flight, as well as controlling attention and anxiety during competition. With the help of this book readers should develop the skills necessary to become a low-handicap golfer, including drawing and fading the ball, options for sand play, off-green putting, and variations in pitch shots. Readers should also gain insights into playing in the wind and rain, reading greens, hitting from behind obstacles and under trees, enjoying various playing formats (scrambles, best ball, etc), and calculating a handicap.

Book Information

Series: Steps to Success Activity Series

Paperback: 170 pages

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Average Customer Review: 5.0 out of 5 stars 1 customer review

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Customer Reviews

A teaching professional and a sports psychologist here combine to write a book on the fundamentals and strategies of golf. Like most books about the game, it provides insights on how to play in wind and rain, control distance, read greens, and hit out of the sand. What distinguishes this book from others is not only how clear, well researched, and understandable each section is, but how we can learn a bit more about ourselves by reading it. The authors illustrate their points by posing some interesting questions, such as "What club selection would you use if behind a willow tree with low hanging limbs 125 yards from the green?" A welcome addition to sports literature.- Jim Paxman, Tennessee State Univ., Nashville
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Amazing drills and info will help improve any golfer including pros...get while you can will lower your handicap in days

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